CAMHS clinician

Sam Reid, 16 · Date of birth 2 June 2010 · NHS number 999 123 4567

Given by Sam on _____ · Review by _____ · Record THREAD-7K2M-QD4A

This sheet holds only what this role needs. Sam has chosen to share the account of what happened with you: it is Sheet 13, attached separately. A line whose review date has passed is out of date: check before acting on it.

In an emergency

Clinical lines here are read from the GP record when the code is scanned. Thread holds no copy.

ITEM	DETAIL	SOURCE	REVIEW BY
Emergency contacts	Sara Reid (mum) 07700 900123. Dev Reid (dad) 07700 900456. Call Sara first.	Sam wrote this	
Current medication	**Paracetamol 1 g, up to four times a day. Ibuprofen 400 mg with food, up to three times a day. Adrenaline auto-injector 300 micrograms for the sesame allergy, carried at all times.**	Confirmed: GP record, from the clinic letter of 16 Oct 2026	14 Nov 2026

Getting better

ITEM	DETAIL	SOURCE	REVIEW BY
Mental health support	Referred to CAMHS on 2 Oct for anxiety and poor sleep since the accident. First appointment 18 Nov. No previous mental health history.	Confirmed: GP record, 2 Oct	18 Nov 2026

About me, in my words

The seven headings of the PRSB About Me standard. Written once by Sam; the same text can go to the shared care record, the school plan and an EHC plan's Section A.

ITEM	DETAIL	SOURCE	REVIEW BY
What is most important to me	Getting back on my bike one day, and back to rugby before that. Being treated as me, not as the accident. My A-levels.	Sam wrote this, 28 Sep	
People who are important to me	Mum and Dad. My friend Priya. My rugby coach, Mr Danso, who has visited every week. My grandad, who I ring on Sundays.	Sam wrote this, 28 Sep	
How I communicate and how to communicate with me	Tell me what you are about to do before you do it. If I go quiet I am not being rude, I am overwhelmed; give me a minute. Text before you ring.	Sam wrote this, 28 Sep	
My wellness	Thigh aches by the evening and after physio. Paracetamol works within half an hour. Wrist is stiff first thing. Not sleeping well since the accident.	Sam wrote this, 3 Nov	
Please do and please do not	Please do let me sit away from the window onto the road. Please do let Priya stay. Please do not take my arm to help me without asking. Please do not ask me to tell it again.	Sam wrote this, 28 Sep	
How and when to support me	Traffic noise close to me, being driven fast or braking hard, and crossing at junctions are hard. Walk on the road side of me. Warn me before you brake. If you need to know what happened, read what I wrote.	Sam wrote this, 28 Sep	

People around me

ITEM	DETAIL	SOURCE	REVIEW BY
Who is involved	Ms Adeyemi, consultant orthopaedic surgeon. Dr Lawal, GP. Hannah Price, physiotherapist. CAMHS, first appointment 18 Nov. Ms Khalil, school safeguarding lead. Marcus Bell, hospital youth worker. Road-crash family support service, reference RS-26-0417.	Confirmed: Shared care record	

Situations for your role

Anxious, panicky or overwhelmed MEDIUM

Away from the window onto the road. Say what you will do before you do it. Priya can stay. Do not ask about the accident.

Asked what happened LOW

Sam has written it once. Read it if Sam has shared it with you. Do not ask Sam to repeat it.

I have read this sheet. Name: _____ Registration: _____ Date: _____