# PE teacher or sports coach

**Sam Reid, 16**

Given by Sam on _____ · Review by _____ · Record THREAD-7K2M-QD4A

This sheet holds only what this role needs. A line whose review date has passed is out of date: check before acting on it.

## In an emergency

Clinical lines here are read from the GP record when the code is scanned. Thread holds no copy.

| ITEM | DETAIL | SOURCE | REVIEW BY |
|---|---|---|---|
| **Emergency contacts** | Sara Reid (mum) 07700 900123. Dev Reid (dad) 07700 900456. Call Sara first. | Sam wrote this | |
| **Allergies** | **Sesame: anaphylaxis in 2022. Carries an adrenaline auto-injector (300 micrograms); a second one is kept in the school office. No known drug allergies.** | Confirmed: GP record, confirmed 22 Sep 2026 | 22 Sep 2027 |

## Getting better

| ITEM | DETAIL | SOURCE | REVIEW BY |
|---|---|---|---|
| **What I can and cannot do** | Two crutches, half weight through the left leg, until the fracture clinic says otherwise (earliest 14 Nov). No PE, no cycling, no contact sport. Right wrist: twenty minutes of writing, then a rest. | Confirmed: Fracture clinic, 16 Oct | 14 Nov 2026 |

## About me, in my words

The seven headings of the PRSB About Me standard. Written once by Sam; the same text can go to the shared care record, the school plan and an EHC plan's Section A.

| ITEM | DETAIL | SOURCE | REVIEW BY |
|---|---|---|---|
| **Please do and please do not** | Please do let me sit away from the window onto the road. Please do let Priya stay. Please do not take my arm to help me without asking. Please do not ask me to tell it again. | Sam wrote this, 28 Sep | |

## Situations for your role

**Allergic reaction** HIGH
Sesame. Adrenaline auto-injector in the front pocket of the bag, a second in the school office. Use it first, then call 999. Then call Sara.

**PE, sport or cycling** HIGH
Crutches, half weight, no PE, no cycling until the fracture clinic says so. Earliest 14 Nov. Check the record again after that date.

**Back in school** MEDIUM
Full days with a morning rest break, leave lessons early, lift pass, laptop. Safe adult is Ms Khalil. Sam decides what classmates are told.

Sam has written an account of what happened and chosen who can read it. It is not on this sheet, and you do not need to ask.

I have read this sheet. Name: _____ Role: _____ Date: _____