What happened, told once

Sam Reid, 16

Given by Sam on _____ · Given only to _____ · Record THREAD-7K2M-QD4A

This sheet exists so that Sam never has to tell it twice. Sam chose who receives it. Do not copy it, do not pass it on, and do not read it aloud to Sam. Return it to Sam when you no longer need it.

In my words

I was cycling home from training on a Saturday in September. A car turned across me at the junction by the park. I do not remember the impact. I woke up in the ambulance with a paramedic called Jess talking to me. The driver stopped and stayed. My leg was broken and so was my wrist. I am all right with people knowing that much. I would rather you read this than ask me to say it.

Written by Sam, 28 Sep 2026.

If you need more than this for your work, say so to Sam or Sara, and say why. Sam will decide. Nothing here is a statement for the police or an insurer; that is handled separately and is not part of this record.

I have read this sheet and will return it. Name: _____ Role: _____ Date: _____